



THINKING DIFFERENTLY PROVIDES A VARIETY OF SUPPORT



Thinking outside the square about how best to meet the increasingly complex needs of clients of all ages has been at the heart of our thinking in the last 12 months.

It has been a busy and exciting year. We have received financial donations, food for the foodbank, toiletries for our families, hand-made knitted blankets, duvets, toys and books, preloved items for resale, and our volunteers have put in many hours to help us out in all areas of our organisation. We are very grateful to you all who have helped us achieve great things for our communities.

The Annual Giving campaign raised a total of \$240,303 in financial donations between July 2018 to June 2019.

One of the highlights this year was receiving ten hand knitted blankets from the girls at Columba College. The girls

started this project at the beginning of the school year. The more experienced knitters provided training for those who had not tried knitting before.

We have gifted the blankets to clients to keep them warm this winter. You can see one of our clients – Vanellope – treasuring her new blanket below.

The Taieri Gorge Rail Walk Fundraiser was a real hit and we filled the train with 400 keen supporters. We really appreciated the support from Dunedin South Lions Community Trust and Dunedin Railways and the many volunteers for making this day possible.

We received a total of \$15,733 for the leaders at YouthGrow to further their education. On top of this, we raised \$1,500 from the raffle held on the day. Thank you to Tuapeka Gold Print for the donation of the raffle prizes.

We are delighted to have received over 95,700 items donated to the foodbank over the past 12 months.

All of us at Presbyterian Support Otago are very grateful for the ongoing support we receive from you all and we are confident that the next 12 months will be an exciting time for the organisation. We simply could not offer the programmes and services we do without your help. Thank you!

If you would like to support us you can make a contribution online at www.psootago.org.nz or fill out the gift form on the back page and post it to us.



Above: Columba College students donate their knitted blankets. Photo courtesy of ODT.

Left: Vanellope enjoying her new blanket.

Centre (from left): Family Works Director Paul Hooper and Supporter Development Manager Jude McCracken receive a donation from Dunedin South Lions Community Trust spokesperson Allan Hamilton, following the Taieri Gorge Rail Walk.



Jo Rowe started as our new Chief Executive Officer on 2 September.

Prior to joining us, Jo was CEO at Mornington Health Centre in Dunedin

INTRODUCING OUR NEW CHIEF EXECUTIVE OFFICER

and has 20 years of experience in senior roles in the health industry, in New Zealand and the UK.

Jo is a Registered Nurse and has been involved with the Alzheimers Society at both a local and national level.

Presbyterian Support Otago Board Chair Tim Mephram said “The Board were impressed with the experience, energy and strategic thinking that Jo demonstrated, along with her desire to pursue personal development in herself and others. We are very pleased to have Jo join us and lead the organisation forward.”

In introducing herself Jo writes, “I am a mum of four, ranging in ages from nine to 21 and am married to Jason, a Corrections Officer. I love to run full

and half marathons and am an avid reader and researcher.”

“As a Christian I have been privileged to work and volunteer through the years for several organisations who provide care to members of the community in need. This is an important part of who I am, and it drives my energy and enthusiasm for transformation in our social environment.”

Jo’s initial focus will be travelling around the community meeting people, and listening to everyone involved with, working for, or supporting our organisation in some way, about their hopes and desires for the future.

Welcome to Presbyterian Support Otago, Jo. We look forward to our journey together with you.

LAUNCHING LINKAGE

We're very proud to launch LinkAge - a free, easy-to-use app with links to services, resources and programmes available for older people in Dunedin area.

Interim Chief Executive Gillian Bremner launched the app at an afternoon event in July. The launch was attended by a group of older residents and representatives from many organisations who assist and work alongside older people in Otago.

“What goes around comes around. Twenty years ago the organisation produced a directory for older people in hard copy. With the development of this app we’re supporting the same need with current technology,” said Gillian.

Age Concern Executive Officer Debbie George said, “We’ve seen a significant increase in the number of people contacting us with enquiries about

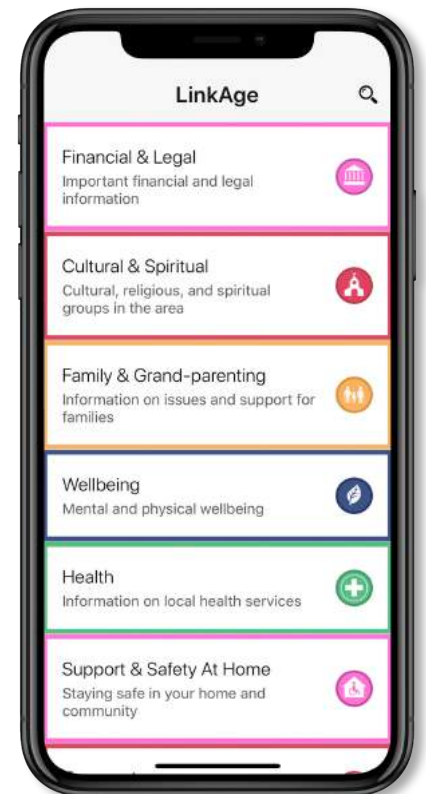


Community Development Facilitator, Adrienne Henderson, demonstrates LinkAge at the launch.

accessing resources. We’ve had 16,000 enquiries in the last twelve months and I’m excited to see the LinkAge app being available to support this growing need.”

Our Community Development team has worked on developing LinkAge alongside our project partners Age Concern Otago and Dunedin Public Libraries. Brett Collins was responsible for the technical development of LinkAge.

Community input was sought during the development to ensure LinkAge includes a useful range of information and is easy for older people to navigate.



LinkAge is free to download from the Play store (Android).

The project was made possible thanks to generous funding support from GigCity.

A LEGACY TO MAKE A DIFFERENCE

Sometimes when we receive a bequest we are not aware of the connection the person, or family, has had with Presbyterian Support Otago.

In the case of the Malcom family, we have had conversations with the family over the years about the bequest we were to receive from Associate Professor Donald and Mrs Margaret Malcolm.

Margy-Jean captured the relationship her parents had with Presbyterian Support Otago and Dunedin city:

Donald was a quietly innovative pioneer, amongst the first in his field as a paediatrician to be doing things like establishing specialist neo-natal care for newborn babies, leading child abuse prevention initiatives and engaging in community-focused paediatrics. He brought his skills and strengths to the Presbyterian Support Otago Board for a number of years in Ken Irwin's time as CEO.

Margaret was a natural community builder involved in supporting strong neighbourhood connections wherever we lived, and an active volunteer in numerous church and voluntary organisation initiatives.



Donald and Margaret Malcolm look through their 65-year-old wedding photographs at their anniversary celebration in Dunedin. Photo courtesy of ODT.

We therefore feel that it would be very appropriate if their legacy was able to support the Family Works team to do some work they wouldn't have otherwise been able to, in the community development space. We would like their bequest to help strengthen neighbourhood connections, enrich children's lives and support parents to be the best they can be.

We thank Margy-Jean and John Malcolm and the extended Malcolm family very much for honouring the wishes of their parents and sharing with us the wonderful connection we have had with their family over a long period of time.

The Malcolm legacy will make a difference and a positive impact on the lives of our clients in Otago. We are sincerely grateful for this support.

KNOWLEDGE TEST RAISES FUNDS

Presbyterian Support Otago's latest fundraiser was a great night out, quizzing of course.



Fifteen teams competed at the Kensington quiz. The winning team 'Quizteam Aguilera' came away with some great goodies courtesy of Tuapeka Gold Print. We raised an amazing total of \$1,400 from raffles and entry fees.

All proceeds from the night have gone to our Enliven Visiting Volunteers service where volunteers are paired up with older people in the community to spend time with them in their own homes.

A big thank you to the following sponsors who

helped out with prizes: Tuapeka Gold Print, Rialto Cinemas, Z Service Stations Dunedin, Stu Robbie (The Rockerman) and Jude McCracken (Nutrimetrics Consultant).

Congratulations to our major raffle prize winner, Maurice Burrowes, who took away a Breville Toaster and Kettle package.

Thank you to everyone who was involved – the fundraising team, sponsors, participants and the Kensington Tavern for the quiz questions and venue.

If you would like to support the Visiting Volunteers programme visit our website – www.pсотago.org.nz.

VOLUNTEERING BRINGS JOY FOR JULIE

When you chat with Julie Dawkins it quickly becomes clear that she's passionate about volunteering.

Julie was recently acknowledged for 25 years spent volunteering at Presbyterian Support Otago – an incredible length of time.

Julie began volunteering at St Andrews Care Home in Dunedin, where she was assisting with resident activities. She became involved with Visiting Volunteers, and has spent most of her time supporting this programme.

Visiting Volunteers provide regular, ongoing contact and company for people living alone, often providing a link to the community for those who may be confined to their home. There are

currently 30 Visiting Volunteers across the wider Dunedin area.

Over the last two decades Julie has been connecting each week with clients, visiting them for a chat and a cuppa.

Julie has supported 10 different clients. A quick calculation confirms that she has spent well over 2,000 hours as a Visiting Volunteer.

“There is always plenty of conversations, often about our families and various craft activities. All the people I've been paired with have been different, but they are so enjoyable and there are plenty of laughs.”

When asked about future plans Julie quickly replies, “I love being a Visiting Volunteer and have no intention of stopping. I've got plenty of years to go yet!”



Thank you, Julie, for your volunteer involvement as part of our team over the last 25 years.

PAVING THE WAY FOR ONLINE CHARITY STORES

Presbyterian Support Otago have recently taken on something among the first of its kind in New Zealand and established an online charity store.



We decided an online store was an ideal way to reach a wider audience, and launched Shop On.

Presbyterian Support Otago Communications and Marketing Manager Warren Rosser said, “Our physical stores have been really popular with a range of visitors from other cities. We wanted to offer an easy and ongoing way to keep connected and it's been an exciting challenge to set up the online store and all the processes involved in online shopping.”

Shop On ships nationwide, meaning buyers from all over New Zealand can purchase from the wide selection of preloved treasures.

The online shop has a variety of items, including menswear, womenswear, jewellery and accessories, homewares and collectibles. Dunedin buyers



have the option to come in and see the item, or try it on, before buying it online.

“Online vintage stores are gaining popularity, but it's unique to have a charity store online in New Zealand. This is an amazing way for people to support Otago and the work we do, and they can do it from the comfort of their couch.”

“Shoppers can feel good knowing they are giving these treasures a second life, in addition to supporting people in need in the Otago community.”

New items are added every week. There are many reasons to support this great cause, so go on, Shop On!

Visit www.shopon.org.nz.

PUBLIC SHOWS AMAZING SUPPORT

Octacan was held in June and was another demonstration of generous support from the Otago community.

For our eleventh Octacan, the day began with cold temperatures and frosty ground. This didn't stop the public, and donations started being dropped off at 7.10am. Across the day many generous people and groups came along with cans and food items to fill the nine hearts drawn in the Octagon.

This year's Octacan was no different to others, attracting a positive atmosphere with families, businesses, schools, students, kindergartens, individuals and halls of residence making the trip down to the Octagon to add their donations to the hearts.

Supporter Development Manager Jude McCracken said, "The community was very generous again this year, and it was wonderful to see a number of people of all ages coming to the Octagon to be involved. We collected a total of 11,749 cans in the Octagon on that day."

"We see the community show ongoing support throughout the year with donations being brought into Family Works. Without this support we couldn't do what we do."

Our annual street appeal was held on the same day as Octacan, with collectors stationed at local supermarkets and the central city. Thanks to those volunteers and the public we received a total of \$5,545 to assist with extra foodbank needs.

"Octacan is not just an event to collect donations to restock the shelves, but a reminder that there are people out there who need the support we can provide. The community response to this need is always very generous and humbling to see."

We would like to thank Better Moves for providing their help with shifting cans at the end of the day – they made an enormous job look effortless and easy. An additional thank you to Storage King Dunedin and MediaWorks for their ongoing support of Octacan.

We would also like to thank all volunteers who helped on the day, with our street appeal and with moving cans post-event. Many hands definitely made lighter work!

To all groups and individuals that showed they care by bringing donations we say a simple, but heartfelt, thank you.

Octacan 2019 total

Cans / food: 14,797

Coins: \$5,545

Total: 20,342



SPRING INTO SPRING

Now that we can say good bye to the colder days of winter, it's time to think about Spring... and perhaps you could spring into action with support for one of our programmes.

"Keep my Buddy" Campaign

The Family Works Buddy Programme is a preventative and early intervention programme which contributes to the emotional and social well-being of children.

Young Buddies are children aged between 4 and 12 years of age, whose life circumstances indicate the need for additional adult support. We match Young Buddies with carefully selected and trained adult volunteers in a well supported mentoring relationship.

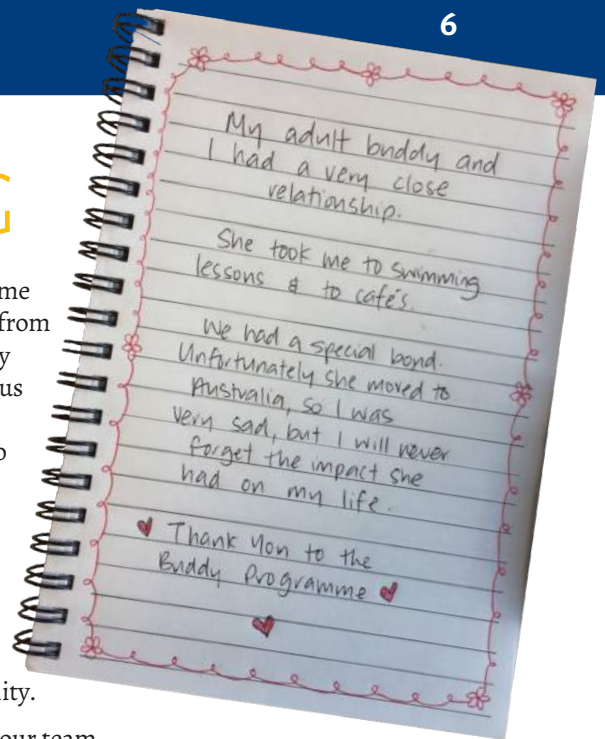
Our challenge for the next 12 months is simple - we require funds to run the Buddy Programme.

Previously the Buddy Programme has received financial support from the Government. Unfortunately the Government has had to focus funding on more challenging situations, so this funding is no longer available to us.

We are asking you, our community to help us to continue to offer this preventative programme which is making a difference for young ones in our community.

With the challenges ahead for our team running the Buddy Programme, you might like to consider becoming a regular donor to the Buddy Programme and help us to provide some certainty to our young clients who are benefiting from having an Adult Buddy in their lives.

Your support can be directed to the specific area you live in, Central Otago, Dunedin, North Otago or South Otago.



This message was received last month from a Buddy in her twenties. The Buddy Programme had a lasting impact on this client's life.

You might consider becoming an Adult Buddy yourself? You can ring us on 4777115 to discuss this volunteering opportunity.

To make a donation to the "Keep My Buddy" Campaign please visit our online giving page at www.psotago.org.nz (under Donate).

PARTNERSHIP BRINGS NEW OPPORTUNITY

Presbyterian Support Otago is proud to be the newest partner of Good Shepherd NZ in the Otago and South Canterbury regions.

Community Finance is a partnership between Good Shepherd NZ and Bank of New Zealand (BNZ), supported by the Ministry of Social Development and delivered by community provider partners like The Salvation Army and Aviva, and now Presbyterian Support Otago.

Good Shepherd NZ recognises that these partners are best placed to support the communities in which they operate as they understand the needs of their local clients and provide a comfortable environment in which to have a financial conversation.

Community Finance provides a fair and affordable borrowing option for those who are often forced to borrow from lenders who charge high interest rates and fees. It helps borrowers with the purchase of essential household items or higher cost assets that can provide economic freedom and improve quality of life.

Community Finance provide two loan products that have no fees or charges and are available to people on low incomes who are eligible for a Community Services Card.

No Interest Loan Scheme (NILS) loans are available for amounts up to \$1,500 for essential goods and services. StepUP, the low interest loan (6.99%)*, provides loans of up to \$5,000 with up to three years to pay loans back. *Lending terms and conditions apply

AGM 2019

Presbyterian Support Otago's Annual General Meeting for 2019 will be held at 5.30pm on Tuesday, 22 October 2019 at Burns Hall, First Church, Moray Place in Dunedin.

Our guest speaker is Jason Tibble, Regional Commissioner for the Ministry of Social Development.



Everyone is welcome to attend. Please RSVP to reception@psotago.org.nz.

Support the Visiting Volunteers Programme

Support for our elderly folk living in the community is a very valued way of providing support and companionship for someone living on their own. Visiting Volunteers sometimes take their clients on an outing. During their visit they may play a game, or simply visit and enjoy a weekly chat.



Support Child and Family Welfare

Support Family Works by providing financial assistance for the foodbank, for social work and group programmes for children and families in Otago. Children are at the heart of our service.

The extensive experience of the Family Works team tells us that children are healthier and happier when families/whānau function well. If you would like your support to be directed to Central Otago we offer group programmes and assistance in Wanaka, Alexandra and Cromwell.

Support Young Adults and Youth

Family Works supports young adults and individuals who face challenges in their lives. Our programmes focus on building skills and resilience so that individuals can create a brighter future for themselves.

Many of our clients experience profound change in their lives, and achieve goals they had all but given up on. The outcomes of our programmes for individuals have a ripple effect, contributing to a stronger, safer Otago community.



YES, I WANT TO SHOW MY SUPPORT!

My contact details are:

First Name Surname

Address

Phone

Email

Please tick payment method

Cheque Credit Card Internet Banking

Card number

Name on card

Expiry date

Signature

Internet Banking PSO Account Number: 06 0901 0005597 00 (Please use your first name and surname and include the word DONATION in the reference.)

Please direct my gift to

- \$20 could provide food for our foodbank to feed a family for a day
- \$50 to support the Buddy Programme
- \$70 to support the elderly in our community
- \$100 to support adults and youth with alternative education and community programmes
- \$200 to support child and family welfare in our community

OR

Amount \$

Please let us know if:

- you have left a gift to PSO in your will
- you would like more information about leaving a gift in your will

Please return this form to:

Fundraising Team
Presbyterian Support Otago
FREEPOST 845
PO Box 374, Dunedin 9054

(All donations are receipted. Gifts over \$5.00 are tax deductible. Charities Commission number CC 20878)



Pack it up. Pass it on.

Contact.

Order donation bags at
www.psotago.org.nz
or phone 03 477 7115

Donate.

Drop your bag
at Shop on Carroll
(10 Carroll St, Dunedin)

Support.

Your donations will
be passed to a family
in need or sold to
support the community.



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Our Services

enliven

Family
Works