

Spring / Summer 2020

PeOPLE

*helping people
for over 100 years*

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**Christmas
is just
around the
corner!**



Presbyterian Support
Otago

enliven
PRESBYTERIAN SUPPORT OTAGO

**Family
Works**



Message from Jo



What an extraordinary year this has been. Life for all of us changed in the most unpredictable ways. As we head towards the Christmas season, I have been reflecting on the year just gone. Many people had to reach out for help for the first time in their lives, as jobs were lost or hours reduced. Older people living in our Enliven homes were unable to see their loved ones in person for many weeks. Many of us dealt with feelings of anxiety and uncertainty, especially at the start of the COVID period.

Throughout this challenging time, it has been heartening to see how our staff, volunteers, donors, residents and clients have supported each other. Together, you have created a more resilient community. Although there is always more work to be done, particularly for the vulnerable in our community, I would like to thank you all for the important part you play in improving life for those in need.

I wish you and your loved ones a peaceful, blessed Christmas.

Jo Rowe

CEO Presbyterian Support Otago



The power of dance

Our Stepping Stones clients were delighted to host a special guest visitor this year - Kristie Mortimer, who is the Caroline Plummer Fellow in Community Dance for 2020. This Fellowship was established to commemorate and continue Caroline's passion and vision for dance in the community. Caroline believed in the power of dance in respect to healing, education, cultural understanding and artistic expression.

Kristie spent six weeks at Stepping Stones teaching three different routines to the clients and staff. Clients had the most entertaining time learning new dances and performing in a group setting. Our Supporter Development Manger Jude McCracken went out to see the final performances and observed the pure delight our clients expressed while learning to dance.

In their own words:

"It was really good exercise!"

"We have loved dancing with you Kristie"

"This could make us a good dance club!"

Stepping Stones is a community service run by Presbyterian Support Otago's Family Works in South Dunedin, promoting mental and social well-being and resilience. The programme puts significant emphasis on connecting participants with people in the community. The group meets six days a week, to create, talk, and connect.



PSO Achievement Awards

At Presbyterian Support Otago we value our staff and volunteers. Every year we hold special ceremonies to recognize those who have reached a milestone of service, or gained a nationally recognised qualification, and those who have gone above and beyond in their work.

Pictured here are the nominees and winners from our two Wanaka based Enliven homes – Elmslie and Aspiring – at their

joint celebration, which was held in early August, before the second wave of COVID-19.

Ceremonies for our other Enliven homes and PSO worksites had to be held a little later, in the safety of Alert Level 1.

Congratulations to you all and thank you for your commitment to excellence!



PSO Board Members honoured

PSO board member Jessica Palmer (left) was named in September as the Institute of Directors Otago Southland branch emerging director for 2020.

Prof Palmer is also the dean of the University of Otago faculty of law, deputy chairwoman of Knox College and Salmond College, a Wilberforce Foundation trustee and Laidlaw College chairwoman.

The selection panel noted that “she has high standards and a sense of responsibility and duty that will serve her well in the future.”

Jessica was humbled to receive the award, and said “I am a firm believer in the importance of sound governance for organisations in order to ensure the mission of an organisation is achieved, that it is done so sustainably, and that staff and customers identify strongly with the organisation and develop a sense of loyalty.

“Knowing that the decisions that I make in my leadership and governance roles affect the experiences of people who interact with the organisations, whether as staff, client or stakeholder,



is a powerful motivator for me. It is a privilege and a great responsibility.”

Stephanie Pettigrew (right), who is a partner at Dunedin law firm Marks & Worth and Presbyterian Support Otago deputy chairwoman, was named runner-up for this award.

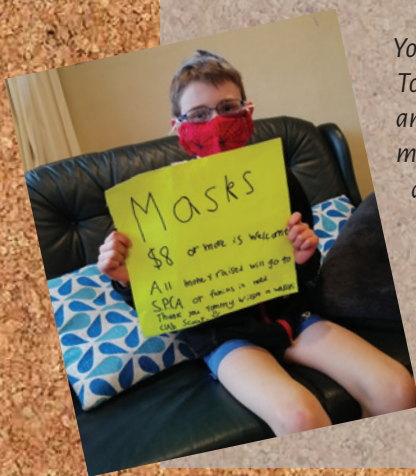
We are fortunate to have Jessica and Stephanie as members of our Board and we extend our thanks and our warm congratulations to them both!

Story and photo credit: ODT



The very talented Jean is a participant at our Stepping Stones program in Dunedin and has been busy making toys which are given to children at Dunedin Hospital. Thank you so much Jean, these are absolutely adorable and are sure to be a very welcome distraction for children who are not feeling their best!

Somebody didn't get the message about the Level 2 special visiting hours at our Iona care home in Oamaru!



Young entrepreneur Tommy has done an amazing job making masks and has kindly donated the money raised to families in need. Thank you Tommy for your donation - you are making a real difference!

2020 Annual Report out now!

Online versions of all our Annual Reports are available on our website

psotago.org.nz
/pso-resources
/publications



For unto you is born this day
in the city of
David
a Savior,
who is
Christ the Lord
Luke 2:11



Our model Eve is a long time volunteer with the Shop on Carroll team. Thank you Eve!

Shop on Carroll's online store is 1 year old! It has a fantastic range of retro and vintage-wear, and new items are added daily. All profits go to support Presbyterian Support Otago social services.

shopon.org.nz

 facebook.com/shoponcarroll
 instagram.com/shoponcarroll

Christmas fun!



WORD FIND

B U D D Y H U P Y L I M A F S
 O L J J O A J Y R S P L P A G
 P W I E H M F G P E F Y M D N
 C Y Y E O P E M P N S T D I I
 B E T H L E H E M A S E P W R
 N C X C I R L M H I V N N R A
 K N A B D O O F R R S L B T H
 W G R Y A W D H S E E P O S S
 S N N K Y A C W U T I E J V H
 S L T I S Y I B L Y V A I C A
 P Y O J D M W T B B O C A Y S
 G J H R M D R E I S M E V C L
 P Q T I A E U N Y E B Z T O B
 J Q N C E C D P Z R K J U X G
 F G C A R A V A N P M O P P K

BEACH
 BETHLEHEM
 BUDDY
 CARAVAN
 CAROLS
 CHRISTMAS
 FAMILY

FOODBANK
 HAMPER
 HOLIDAYS
 JOY
 MOVIES
 PAVLOVA
 PEACE

PRESBYTERIAN
 PRESENTS
 PUDDING
 SHARING
 SWIMMING
 TREE

SPOT THE DIFFERENCE



Kowhai Fantail Christmas by Anise Maclean

5. Words in different colour
6. Extra branch at top
7. Extra bird
8. Bird has only one foot

1. Lower branch gone
2. Extra yellow cross
3. Dot on ! in Christmas
4. Extra kowhai flower to top branch

Recently, a father visited our Family Works offices in Dunedin with his wee daughter, Genevieve. He told us she was turning one, and that to mark her birthday he wished to gift a big collection of new craft and art items to children in need. We are so happy to be able to give these to children who don't get many or any gifts for their birthday or at Christmas time.

Thank you, Genevieve! What a wonderful way for your Dad to teach you about the joy of giving!



Donate a Bee Card today and help someone in Dunedin...

Get to work, see their doctor or visit a friend.

To choose an amount and donate please visit our website

psotago.org.nz/bee-kind-bee-card

Christmas is for teenagers too.

This year we are partnering with Rialto Cinemas in Dunedin to send teens to the movies over Christmas.

Every \$10 donated sends a teen to the movies

Teens in families facing financial hardship can often feel left out of Christmas festivities and social events over the summer holidays.

Your \$10 donation will provide an ideal gift for teens this Christmas. Going to the movies with their friends creates social empowerment and a sense of belonging for teenagers.

We would love your support this year!

All donations to Movies for Teens are used to purchase movie tickets, and our Family Works team will distribute the tickets.

Give a teenager the opportunity to go to the movies this summer!

Donate Online:
moviesforteens.org.nz

MOVIES FOR TEENS



Visiting Volunteers

Would you enjoy the company of a regular visitor to share a chat, an activity or outing with? Are you living alone or don't have access to a car?

An Enliven Visiting Volunteer can stop in regularly to share stories, help you get to an appointment or enjoy a leisure activity together. You and your visitor set your own agenda and simply enjoy the companionship of shared experiences and conversation.

This service covers the Dunedin and Mosgiel areas and our Visiting Volunteers range in age from 18 to 80+ years. Volunteers are mainly retired or semi-retired women, but some are secondary or tertiary students, and a few are men!

Clients of this service are generally older adults aged in their 50s through to their late 80s but there are no age limits!

If you would like to find out more, please call our friendly Visiting Volunteer Coordinator Judy Hayes on 4777 115



Adult Buddies Needed Now!

URGENT! We need more Adult Buddies as we have lots of Young Buddies waiting for a match. To find out more about the Buddy Programme or to inquire about becoming an Adult Buddy, please contact Marco on 4777 116, or visit www.psotago.org.nz/services/families/buddy-programme/

This year we are inviting our Young Buddies to design our PSO Christmas card.

The Buddy Programme, run by Family Works, provides emotional and social support to children (Young Buddies) by matching them with trained volunteers (Adult Buddies). Once a week they hang out, usually for a couple of hours, where Adult Buddies provide friendship, support, guidance and encouragement.

Share the love this Christmas!

I hope you will join in helping us make positive changes across our Otago community this Christmas and holiday period.

COVID-19 has brought additional significant challenges for families and people across Otago, who are trying to make sense of the situation they now face – with wage subsidies ending, rents increasing, children still needing to be clothed, cared for and fed. Christmas and the holiday season can bring emotional and financial stress too for those doing it hard, and will be upon us soon.

Your donation this year to our Christmas appeal will not only assist those who face the extra financial burden that the festive season brings, it will also contribute to our ongoing welfare programmes for people young and old across our region.

I hope you have enjoyed reading about our varied programmes and campaigns in this edition of People. Perhaps you'll choose to make a donation of \$10.00 to send a teen to the movies, so they can feel socially equal to their peers; or \$30.00 to fund a Bee Card for a client to give them independence and a means to travel to the wider points of the city. Perhaps you have another amount in mind. Whatever you decide – thank you for your support. We and those we serve are incredibly grateful for it.

Christmas is a time for giving and for thinking of others. Please consider making a donation using the form on this page or visit psotago.org.nz/get-involved/donate to make a donation online.

Thank you for generous support and merry Christmas to you all!

Jude McCracken
Supporter Development Manager



Foodbank goodness

Our Family Works team is gearing up for the Christmas season, making sure that food parcels, hampers and gifts will be ready for those in need across the region.

We know that demand will be high this year and anticipate we'll be working alongside over 250 families to make sure Christmas is a special time.

YES, I WANT TO SHOW MY SUPPORT THIS CHRISTMAS!

First Name

Surname

Address

Phone

Email

Amount \$

Please tick payment method

Credit Card - Payment Details

Card number

Name on card

Expiry date

CVC

Signature

Cheque (To Presbyterian Support Otago)

Internet Banking

Account Name PSSO

Account Number 06 0901 0005597 00

Ref: Your first name and last name and include the word AR-DONATION. For receipt purposes, please fill out the Contact Details part of this form and return it to us.

Donate Online

If you would like to support us with an online donation, visit

www.psotago.org.nz/get-involved/donate/



Please direct my Christmas donation to:

- | | |
|--|--|
| <input type="checkbox"/> Where the greatest need is this Christmas | <input type="checkbox"/> Keep My Buddy Programme |
| <input type="checkbox"/> Family Works Foodbank | <input type="checkbox"/> Movies for Teens |
| <input type="checkbox"/> Child and Family Welfare | <input type="checkbox"/> Bee Kind Bee Card |
| <input type="checkbox"/> Visiting Volunteers | |

Please let us know if you:

- have left a gift to PSO in your will
- would like more information about leaving a gift in your will
- would like more information about volunteering for PSO

.....
All donations are receipted. Gifts over \$5.00 are tax deductible.
Charities Commission number CC 20878
.....

How to return this form:

POST Fundraising Team, Presbyterian Support Otago,
FREEPOST 845, PO Box 374, Dunedin 9054

EMAIL fundraising@psotago.org.nz



Presbyterian Support
Otago

Family Works Wanaka
All Enquiries 03 477 7116
Wanaka Community Hub
34 McDougall Street Wanaka

Enliven Wanaka
Elmslie House 03 443 7899
81 Stone Street Wanaka
Aspiring Enliven Care Centre
03 555 3010
21 Cardrona Valley Road Wanaka
Wanaka Retirement Village
03 443 4474
5/7 Meadowstone Drive Wanaka

- Support Centre**
- Family Works**
- Enliven**
- Cottages and Villages**
- Retail Shops**

Family Works Oamaru
All Enquiries 0508 396 262
Good Shepherd 0800 477 711
Oamaru Community House
100 Thames Street, Oamaru

Enliven Oamaru
Iona 03 437 1870
549 Thames Highway, Oamaru, 9400



Family Works Alexandra, Ranfurly, Cromwell & Queenstown
All Enquiries 03 477 7116
Good Shepherd 0800 477 711
Alexandra Community House
14/20 Centennial Ave, Alexandra

Enliven Alexandra
Ranui 03 448 8280
4 Chapple Street, Alexandra

PSO Support Centre/ Head Office

All Enquiries 03 477 7115
407 Moray Place, Dunedin, 9054
PO Box 374, Dunedin, 9054

Family Works

All Enquiries 03 477 7116
407 Moray Place, Dunedin

Macandrew House Family Works
Stepping Stones 03 470 0815
Good Loans 0800 477 711
186 Macandrew Rd, South Dn

Green Island Family Works
198 Main South Rd, Green Island

Youthgrow 03 473 1334
146 Norwood St, Dn

Enliven Dunedin

Club Enliven 03 473 0890
407 Moray Place, Dn

Ross Home 03 473 0029
360 North Rd, Nth East Valley, Dn

St Andrews 03 455 4396
8 Easter Crescent, Dn

Taieri Court 03 489 6044
5 Hartstonge Avenue, Mosgiel

Shop On - Charity Shops

Shop on Carroll 03 471 8249
10 Carroll St, Dunedin
www.shopon.org.nz

Op Shop on St Andrew
03 477 5019

59-61 St Andrew St, Dunedin

Community Finance / Good Loans
All Enquiries 0800 477 711
Offices in Dunedin, Alexandra, Oamaru, Timaru, Nelson & Blenheim

Family Works Balclutha
All Enquiries 03 418 0463
PO Box 95, Balclutha

Enliven Balclutha
Holmdene 03 418 1468
15 Elizabeth Street Balclutha



8 care homes

3 retirement villages

Club Enliven

Visiting Volunteers

Foodbank

Social support and programmes

YouthGrow

Shop on Carroll

Op Shop on St Andrew

Shop On Online

850 STAFF

550 VOLUNTEERS

www.psotago.org.nz