

Winter 2023

# PeOPLE

The magazine for friends and supporters of  
Presbyterian Support Otago



Presbyterian Support  
Otago

OUR SERVICES



Free  
PLEASE READ  
AND SHARE

together  
we  
make a  
difference



## Message from the CEO

Tēnā koutou,

In the last edition of People, I touched on the issue of the government announcing 'pay parity' for nurses working in the aged care sector to move pay levels closer to their counterparts in the public health sector.

Since then, the Government has increased the minimum and living wages too. This is wonderful and welcome news as people are really struggling to pay their every-day expenses. It does, however, put great financial pressure on many organisations, especially charitable organisations such as PSO, who are not in a position to cover these increases through higher fees. Affordable care for all is important to us.

We continue to advocate for changes to the current **chronic government underfunding** of aged care and social services, to ensure that as a Not-For-Profit (NFP) we can cover the increased costs of provision and remain operationally viable.

We continue to request government action to help bridge the sector's **healthcare workforce shortages** which is putting extreme pressure on all our Enliven services. Our collective gratitude must go out to the amazing nurses, health care assistants, housekeeping, laundry, and kitchen staff that continue to keep our homes operating 24/7, despite complex challenges on an almost daily basis.

These are the most difficult of times PSO has ever experienced in its 117-year history with mounting costs and **diminishing donations**. If you can help, either by making a donation, volunteering or donating gifts-in-kind, we would be extremely grateful. A donation to PSO ensures 100% of your donation remains in your local community.

Thank you to all our generous donors and supporters for all that you do for PSO and the people we are helping. Without your kindness and generosity, we would be unable to provide our services which we know are in great need in our community. Thank you!

**Nāku te rourou nāu te rourou ka ora ai te iwi.**

**With your basket and my basket, the people will live.**

Blessings to you all.

**Jo O'Neill**

**CEO, Presbyterian Support Otago**

### **This edition of People focuses on the challenges and celebrations experienced by the Presbyterian Support Otago (PSO) community since our last edition.**

Winter is fast approaching and although it can sometimes feel bleak in contrast to the warm weather we have enjoyed, we can always be thankful that the love and support of the PSO whānau makes a positive difference through the darkest months.

We recently celebrated 50 years of providing aged care at Ranui, our Enliven home in Alexandra. It was a wonderful gathering of staff (past and present), residents and our wider community supporters.

The 'Story Of A Can' tells how one woman started Octacan, encouraging members of the public to donate a can of food to our foodbank, thereby helping another person in need. It's such a heartfelt story and an ever increasingly important one as the cost of living continues to rise, and the demand on our foodbank increases.

You will also meet Jeffery McLeod, affectionately known as 'Cloudy', who moved into Aspiring Enliven Care Centre in Wanaka. Not your average resident, Cloudy was only ever going to move into Aspiring on the condition he could bring his beloved dog! So, we worked hard to ensure we welcomed Tynx too.

## PSO Board announcements

We are pleased to welcome new Board Chair, Stephanie Pettigrew, and Deputy Chair, Kerry Enright. Both were existing board members with Stephanie becoming Chair, following the resignation of Tim Mephram, given his successful appointment as an elected councillor of Otago Regional Council. Tim will remain as a PSO board member until the end of June 2023.

Stephanie is a director at Marks & Worth Lawyers, where she works in family property law, and Kerry is a retired Presbyterian Minister in Dunedin.





Resident Liz Duggan cutting the Ranui birthday cake



## A family with a difference

### Ranui Care Home celebrates 50 years!

**For 50 years Ranui (being the Māori word for ‘a place in the sun’) has been the home for a lot of older people. While many things have changed over those years, one thing remains the same, it is a place where older people have always been at the heart of Ranui, being cared for by a hard-working and dedicated team of professionals.**

Ranui started as a 30-room rest home that opened in 1973. The first three residents moved in before the formal opening in March when 18 women and one man were calling Ranui home.

A fun fact – during construction a time capsule was placed between Rooms 31 and 32 and there it remains today!

Ranui has been managed under the auspices of several managers including Reay Allen (1977-1994), Mavis Thornton (2001-2021) and is currently managed by Leigh McLeod.

At the time of Ranui’s opening, strict rules were in place and residents were only allowed to bring a knee rug and clothing – how times have changed! Home is where the heart is, meaning residents are encouraged to bring their precious and special mementos, helping create a place of cherished memories, familiarity and security.

Manager, Leigh McLeod, says Ranui has seen a lot of changes over the years as the need for hospital-level care has grown, but it is the Ranui ‘family’ that is integral to the aged care facility.

“The beautiful people who call Ranui home, including their families, become our family and all of us welcome them and care for them with pride and kindness. This includes our carers, nurses, kitchen staff, cooks, housekeepers, laundry staff, and the maintenance, gardening, activity and admin teams, and of course not forgetting our cat Nugget, and dog Duke.”



Current and previous managers of Ranui (from left: Leigh McLeod, Mavis Thornton, and Reay Allen)



Su Anderson, who started Octacan in 2009.

Tracey showing her appreciation.

# Story of a Can

## Octacan, the Family Works annual foodbank can appeal

It might be a freezing cold day in Dunedin, the temperature biting as the Octagon slowly comes to life with people of all ages donating cans of food for the Presbyterian Support Otago (PSO) Family Works Foodbank.

It's known as Octacan and is the brainchild of former PSO Marketing Coordinator, Su Anderson. Wanting to create a public event that created a sense of community as well as providing practical support for the much-needed foodbank, Su put her thinking cap on and came up with the idea.

"In 2009 the foodbank was issuing a record 9000 items of food over each winter month," says Su.

"People understand the need for our foodbank, so it was on an icy winter day that Octacan was born with people arriving well before the official 7am start to donate cans of food. The weather was chilly, but people's hearts were warm."

The journey of a can starts with this kindness and the path is well travelled. Local schools, individuals and groups all pitch in and there's a plethora of volunteers

organising the cans into a special design. In previous years designs have included koru, giant hearts and Matariki stars.

And that's just the beginning of the journey. Recipients like Tracey Cannon, through no fault of their own, have found themselves experiencing financial hardship and are in need of help. A life changing event could happen to any of us at any time.

Tracey is a proud woman and doesn't like to ask for help but when life became incredibly difficult for her, help is exactly what she needed.

Having worked her entire life, Tracey found herself in uncharted territory when a series of health setbacks resulted in her being unable to work. Living on a benefit is difficult and making ends meet is hard.

The journey of a can finds its way to where it belongs – in a food parcel to provide essential sustenance.

Tracey, originally from East London and Waiheke Island,





Octacan 2022, Family Works staff and volunteers



is eternally grateful to PSO's Family Works social worker, Sarah Davis, for the support and practical assistance she has given.

"Sarah and my caseworker from Work & Income have been brilliant", says Tracey. "Over many years I've really struggled with my health and have now found myself in a situation where I can't work because of it. Family Works is like a backbone and the support Sarah has given has been amazing."

While food parcels have helped Tracey, the assistance she received has gone beyond that. Sarah has attended medical appointments with Tracey as an advocate, has helped set up regular payments to her power company and "is on my case, helping me manage my situation."

Tracey is soon to receive long-awaited surgery which will bring a measure of relief and she knows that PSO will be there to support and help her as she begins her recovery.

While the journey of each can has a unique story, the cumulative effect of many cans cannot be underestimated. Su says "with more people organising, running and supporting the annual event, it has grown into maturity."

"It always takes a team to create a successful event including staff, volunteers and the public. I couldn't be prouder!"

### Octacan 2023

By joining us at this year's Octacan and donating a can of food, you will help us keep our shelves stocked. As Dunedin's busiest foodbank, we desperately need food as the demand is at an all-time high.

You can also donate directly to our foodbank online!

Visit [octacan.org.nz](http://octacan.org.nz) for more information and how to donate.

Thank you!



We need your help to keep providing this support to our community!

SO FAR THIS YEAR:

# 1,505

**Food parcels** have been given out to local people in need (1 January - 30 April 2023)

That is approx.

# 63,200

Items of food

Based on an average family food parcel containing 42 essential items

# Octacan

## SAVE THE DATE

### The spirit of winter giving

### Our annual foodbank appeal

### Thursday 22 June 7.30am - 2pm Lower Octagon

Bring along your cans and help us fill the foodbank with kai this winter or donate online at [octacan.org.nz](http://octacan.org.nz)

Foodbank

- Spaghetti
- Baked beans
- tins of fish & chicken
- tins of fruit & veges
- Soup
- cereals
- tea & coffee
- ready-to-eat meals



# Thirteen degrees and climbing



## Family Works helping local people through winter with EnergyMate

Sitting in her lounge on a cold winter day, Linda should have been warm and cosy, but she wasn't. Instead, she was sat in her favourite room surrounded by special mementos and family photos with the temperature at a mere 13°C!

According to the World Health Organisation, the optimal inside temperature for older people should be 20°C so it was little wonder that Linda was feeling the cold.

Scared of an unaffordable electricity bill, and with only a pension to live on (with a mortgage), Linda didn't turn on her heaters and with limited firewood, would only light her fire when it got really cold.

"Electricity is so expensive, and I'm frightened I'll end up with a bill that I can't afford," says Linda.

Recognising she was in real need of assistance, Katrina Kelly, one of our Financial Mentors and EnergyMate coaches, reached out to Linda, providing practical advice and suggestions.

"When I visited Linda, we were initially sitting in her cold lounge with the temperature at just 13°C. She lit the fire and the temperature climbed to 17°C."

Katrina mused with Linda that it was a pity she didn't have a fan so that the heat could be pushed around the house.

"I have one, but I don't want to turn it on as I don't know how much electricity it uses," replied Linda.

Katrina set about researching the cost of running a fan and soon discovered that it wouldn't be as expensive as Linda feared.

"I suggested to Linda that she turn on the fan to see what a difference it could make. The temperature very quickly jumped to somewhere between 19°C and 20°C – a huge difference!"

Katrina left Linda with a temperature gauge for the weekend so she could monitor the temperature in her bedroom.

"When I came back on Monday, Linda was astounded how much difference the fan made to keeping her whole house warm and cosy. As an EnergyMate Coach, I was able to help Linda sort out her heating arrangements, making her home warmer and more comfortable. I was also able to help with her budget, so the visit proved to be incredibly beneficial for her."

### EnergyMate and Consumer Electricity Fund

EnergyMate is a free in-home energy service where coaches help people create a power plan that best suits their needs, and give advice on heating their home in the cheapest way. EnergyMate is available in Dunedin, Oamaru and Central Otago. Of those people who had an EnergyMate coach visit, **91% reported that they have made an improvement to save power!**

The Consumer Electricity Fund is also available for those who live in Dunedin and meet the criteria.

For more information call us on freephone 0508 396 678, or visit our website [psotago.org.nz/energy](https://psotago.org.nz/energy)



**Katrina Kelly,**  
Family Works  
Financial Mentor  
and EnergyMate  
coach.



## Aspiring Enliven Care Centre, Wanaka

Located on Cardrona Valley Road, in beautiful Wanaka, Aspiring Enliven is home to 51 residents.

Jeffery (Cloudy) McLeod, resident at Aspiring Enliven Care Centre .  
Photo on right: Cloudy's best friend, Tynx.



## Bent but not broken

Jeffery McLeod, affectionately known as 'Cloudy', has lived just about all his life in New Zealand, mostly in Wanaka and a short stint in Sydney in the early 1980s.

As a fifth generation New Zealander, Cloudy was born in Cromwell and earned the nickname from former colleagues. His career has been eclectic, having left school when he was 15, something his father had insisted on.

Cloudy has spent a good deal of his working life in the outdoors, including working for the Internal Affairs Wildlife Division (prior to the inception of the Department of Conservation).

Cloudy recalls training young men how to safely get in and out of helicopters, staying low to avoid contact with the moving blades!

"I created some training props where men had to climb onto a trailer that was placed under a rotary clothesline. I made sure the clothesline had some padding because it was inevitable each man would get hit in the head! You only have to be hit once and you'll learn not to do that again!"

It's clear that Cloudy has a great love of the outdoors and he believes this was probably the happiest time of his life.

He's also enjoyed his fair share of parties and entertainment, and can recall many times being out all night, getting home at 6am and then going to work! "It was a lovely life," recalls Cloudy!

Asked to describe his family, he talks fondly of his father.

"Dad was a gentleman, a man who was dedicated to his community and he shared that with me. Dad was the first boat commodore on Lake Wanaka and was always doing something to help others."

But Cloudy's true love is his 10-year-old Labrador, Tynx. "I've had dogs all my life, my first being a corgi and now Tynx," says Cloudy.

The beautiful chocolate-coloured Tynx sits nearby and while her health isn't the best and her hearing is compromised, her company is clearly cherished by her owner.

Health issues and a prosthetic leg have left Cloudy in need of special care, something that is now being provided by the wonderful Aspiring Enliven Care Centre team in Wanaka.

At first Cloudy was reluctant to accept the care. He wasn't going to move unless he could take Tynx with him so special arrangements were made and a room with a private courtyard was found that is perfect for him and Tynx.

Cloudy describes himself as "bent but not broken". He has lived a busy and interesting life and this enjoyment continues at Aspiring Enliven, being cared for by the Enliven healthcare team who have his and Tynx's best interests at heart.



*Honouring the collective energies and mana of volunteers in Aotearoa*

Volunteer Neil Burrow, helping with the wood cutter at Stepping Stones.

## One step at a time

### Volunteering at Stepping Stones

Meet Neil Burrow, one of our wonderful volunteers at Stepping Stones, Dunedin. Neil is a busy man, helping people who, at the moment, are building bird feeders. Neil is nurturing, kind and supportive in a way that empowers people.

#### **How long have you been volunteering at Stepping Stones?**

About six years. I used to be a volunteer at the North End Rowing Club. When Stepping Stones go for a harbour walk, I take them up to the rowing clubrooms for a cup of tea afterwards.

#### **How did you get involved with volunteering?**

I heard an advert on the local radio. I used to be a plumber/gas fitter and woodcutting was part of the job so I have quite a lot of experience working with wood.

#### **What do you do in your role at Stepping Stones?**

I spend every Thursday at Stepping Stones. I bring my lunch, and we all sit and eat together. The people decide what to build, and I help them. For some, coming to Stepping Stones is the only place that they have a say in what they do, something they have

control over. We have been big on bird houses, and Lilliput libraries. We made a great seat for Ross Home from old bed heads. School students have come and made big boxes for sports equipment and garden boxes for Brockville School.

#### **What do you enjoy about volunteering?**

Seeing how people progress and their smiles when they look at what they have finished. Just being here and talking to people, seeing their confidence grow when they have a say in what they do.

#### **What's your advice to someone considering volunteering?**

There is something for everyone, come along and try it. If it's for you then great, connect with people and you will both get something out of it.

#### **What is Stepping Stones?**

It's a Family Works day programme working alongside clients who are facing mental health challenges. By coming to Stepping Stones they gain skills, learn how to make informed decisions, and are connected with their wider community.





## Volunteering vacancies

### Club Enliven drivers (Dunedin)

Car or van provided or you can use own vehicle  
1.5 - 3 hours per week  
Tuesdays, Wednesdays or Fridays  
9.30 - 10.30am or 3 - 4pm  
(you can volunteer for one or more shifts)

### St Andrews van driver (Dunedin)

Mondays 2 - 4pm and / or Wednesdays 2 - 4pm

### Companion visiting; St Andrews (Dunedin)

1 hr per week

**Adult mentors;** Buddy Programme  
throughout Otago, 2 - 3 hrs every week

**Drivers and activity helpers:** Club Enliven  
(Dunedin) 1.5 - 3 hrs per week

**Activity assistants;** St Andrews (Dunedin) or  
Ranui (Alexandra) , 2 hrs per week

**Club Enliven activities and van outing  
assistant;** Ranui (Alexandra) 10am - 3pm  
Thursdays

**Aspiring Enliven;** Various roles in a residential  
care home (Wanaka) 2 hrs per week or fortnight

**Retail shop assistant / Warehouse assistant  
/ Online retail assistant;** Shop On St Andrew  
or Shop On Carroll (Dunedin) 2 - 4 hrs, daily,  
weekly, fortnightly or monthly

**Fish tank minder / cleaner;** Iona (Oamaru)  
1 - 3 hrs, every 3 weeks or monthly

## Interested in learning more about volunteering?

If you would like more information about giving your time through volunteering, please visit our website [psotago.org.nz/volunteer](http://psotago.org.nz/volunteer) or contact our volunteer coordinator, Jasmin on 027 700 1550.



## Toffee Apple Pie

A modern twist on an old classic, perfect to enjoy and share with friends on a cold day.

### Ingredients

15 toffee or caramel lollies  
2-3 sheet of flaky pastry  
1 egg (beaten for egg wash)  
1.3 kg apples (peeled, cored and cut into chunks)  
½ lemon  
2 tbsp caster sugar  
3 tbsp brown sugar  
1½ tsp cinnamon  
1 tsp ground ginger

### Method

Cover apples in lemon juice, add the sugars and spices in a large sauce pan with a splash of water. Cook until soft and most of the liquid is evaporated. Leave to cool.

Line pan dish with pastry, then fill with apple filling mix. Distribute and press the lollies into the apple filling at regular intervals. Cover with remaining pastry sheet, crimp the edges with a fork to create a seal. Chill for 15 minutes then cover in egg wash and sprinkle with sugar.

Cook in a pre-heated oven 200°C for 30-45 minutes until golden.

**CELEBRATING**

**FASHION**

# Vintage in Dunedin

**The Shop On Carroll Vintage Fashion Show, held at Maggies in lower Stuart Street, was a sell-out event, and run in conjunction with iD Fashion Week 2023.**

Retail Manager, Fiona Dodds, is incredibly proud of the massive effort made by the PSO team.

“Our fabulous models were none other than PSO staff and they delighted the audience, wearing a wonderful array of vintage clothing including 60s mini dresses, cocktail dresses, top hats and tails.”

We also can't forget the hilarious antics of Family Works Buddy Coordinators, Steph Finnie and Sam Robinson.

Kitted out in dressing gowns and curlers, they assumed the personas of Eunice and Nancy.

“They were an absolute hit with the audience! They kept them enthralled, selling raffle tickets and masquerading as a couple of biddies who don't take life too seriously!”

The creative brilliance of the show was further enhanced by the enthusiasm of compere Ruth Harrison, PSO Fundraising and Events Coordinator.

Fiona adds, “PSO staff perform their day roles with kindness and dedication and their enthusiasm for getting behind this fantastic initiative was really something very special. The evening was one of hijinks and mischief and it was all about the PSO team pulling together, and having fun.”

Your vintage and retro specialist op shop!



10 Carroll Street,  
Dunedin  
10am - 5pm Mon - Fri,  
10am - 4pm Sat

Shop online [shoponcarroll.org.nz](http://shoponcarroll.org.nz)



Volunteer model Louise is the Stepping Stones Coordinator, running the day programme based in South Dunedin



Volunteer model Alena is the new Communication Manager, who also helps write this magazine



Volunteer model Rosco is one of our regular volunteers at Shop on Carroll



Volunteer model Laura works in our purchasing team making sure our services have the supplies they need to operate



‘Eunice and Nancy’ Buddy Coordinators Sam and Steph match adult buddy volunteers with their young buddies as part of the award winning Buddy Programme



Volunteer model Cristin is part of our amazing online team at Shop on Carroll



EmJ Uson (MC) with Jude McCracken, Supporter Engagement Manager, coordinating the event



Are you ready  
to join our fun,  
passionate,  
highly  
respected  
team?

Whether you are just starting out, or wanting a change, Presbyterian Support Otago can offer you new opportunities and will invest in your professional and career development.

We've been walking alongside people, regardless of age, background or religious beliefs, for more than 100 years. We support and empower thousands of people, families/whānau and communities in aged care and social services in locations right across Otago. **If you share our passion for this purpose, we'd love to hear from you!**



Volunteer model Helena is part of the amazing Family Works team helping local people apply for no-interest loans through Good Loans, a community finance initiative

registered nurses · careworkers  
cooks · housekeepers  
enrolled nurses  
social workers · and more

# Notice Board



## Youth Development (YouthGrow) has a new home with Flagstaff Community Church

It is with great excitement that we let you know that YouthGrow is now happily located and operating from the wonderful Flagstaff Community Church space.

YouthGrow/Family Works and Flagstaff Community Church have partnered together in

sharing the Flagstaff space and share the collective vision and values of 'growing together through loving service to our community', including sharing a joint commitment to 'call out injustice and advocate for positive social change'.

Family Works Director Carmen Batchelor wants to give her heartfelt thanks to Flagstaff Rev Brendon McRae, Parish Council and wider congregation for opening up their hearts, space and doors which is a wonderful blessing to our young people and our team.

Flagstaff Community Church and YouthGrow share a commitment to ecological sustainability and look forward to working together on Flagstaff's current eco restoration work and other potential partnerships.



## Faith and service

Presbyterian parishes throughout Otago are greatly valued supporters of our work here at Presbyterian Support. Our Community Relations Advisor, Joy Davis (above), has been thoroughly enjoying going out into the community and talking with parishioners at our Support Sunday services.

## Upcoming Support Sunday services:

**June 18 2023** - East Taieri

**June 25 2023** - Lawrence - Waitahuna

If you or your parish would like to explore what working together for your community looks like, or if you would like to learn more about the services PSO offers please contact Joy on 03 477 7115 or email [joy.davis@psotago.org.nz](mailto:joy.davis@psotago.org.nz).

## 175 years for First Church

The First Church of Otago recently celebrated their 175th birthday with a big birthday bash on the church grounds.

Joy and Ruth manned a stall raising funds and awareness for the Family Works Foodbank. They enjoyed a number of conversations with people of all ages enjoying the sunshine and music.

Joy Davis  
(Community Relations Advisor)  
and Ruth Harrison,  
(Fundraising and Events Coordinator)

## The Stepping Stones crew go to camp!

The Stepping Stones group recently returned from their annual camp and would like to say a huge thank you to everyone who supported them.

They have been busy raising money for their extra activities through garage sales and craft markets.

For many of the Stepping Stones whānau, camp is their only opportunity to leave the city and experience a new environment. Trying new activities while growing friendships and having fun.





Darrin Hall, Janet Fennessy and Leigh McLeod (Ranui care home Manager) with the gifted electric car.

## Leaving a gift in your will

Judy Elliot had a special connection with Ranui, our Enliven care home in Alexandra. Judy was very supportive and was an enthusiastic member of the Ranui House Committee. When she passed away recently, she asked that her son and daughter donate her electric car to Ranui.

Supporter Engagement Manager, Jude McCracken, says bequests can come in all shapes and sizes. Many are monetary but not all.

“The donation of an electric car is a wonderful gift to leave,” says Jude. “It is practical in that it will provide transport for residents needing to go to town or attend medical and hospital appointments. Because it’s electric, the cost of running the car has virtually no impact on Ranui, making it an affordable and sustainable asset to our organisation.”

Judy’s son and daughter, Darrin Hall and Janet Fennessy, are delighted to hand over the keys of the car to Ranui and are especially proud of their mother.

“Mum spent her life working for her community,” says Darrin. “She was involved in many things, including Ranui and Victim Support. Donating her car to Ranui is an extension of her generosity and kindness and it’s great to know that it will also continue to benefit the community into the future.”

Janet expresses a similar sentiment, saying that her mother was all about community.

“Mum believed in paying it forward wherever she could. Over the last 20 years in particular, she helped people who had disabilities, especially those who were wheelchair bound.”

The PSO team are very grateful to the Hall family for this generous gift and are honoured to remember Judy’s legacy in this way.



**For more information about leaving a gift in your will, please contact Jude McCracken, Supporter Engagement Manager on phone 03 470 0834 or visit our website [psotago.org.nz/legacy](https://psotago.org.nz/legacy)**

## Geography no barrier to supporting PSO

John and Nancy Phelps-Keith have big hearts and support the work of Presbyterian Support Otago (PSO) by making regular donations – from the other side of the world!

The couple from Washington State (USA), who retired in 2016, started travelling to New Zealand as tourists and loved our country. John and Nancy were instinctively drawn to the ‘natural beauty’ of the South Island after having had careers in public land management including US National Parks and Forests.

During Covid, the intrepid couple were forced to remain at home and felt helpless. “The impacts of Covid further highlighted the incredible need for caring support of individuals and families.”

Taking to YouTube, they encountered a story on Dunedin’s local TV Channel 39 featuring Presbyterian Support Otago. “It was clear to us that Presbyterian Support Otago is a critical component of support to those in need in Dunedin,” say John and Nancy, who had a spiritual upbringing with the Presbyterian Church. “It was eye-opening and impressive to learn the full extent of the PSO programmes and initiatives.”

“We are so proud to be contributors to such a worthy and important source of comfort and care.”



Donors John and Nancy Phelps-Keith on their recent visit to Dunedin with Jude McCracken (Supporter Engagement Manager) and Shelby Sanderson (Fundraising Coordinator).



## Making a difference, together!

Now more than ever, Presbyterian Support Otago is helping local people through difficult times. We are one of the largest social service providers in the region and many people turn to us when times are hard. We hope you will join us in helping to support people through winter, meeting their immediate needs for food and warmth.

Your donation this winter will not only assist those who face the extra financial burden that the colder months bring, it will also help us continue to offer our programmes and support, which we provide free of charge to help people build new and lasting life skills, as well as resilience to life’s challenges.




Please consider making a donation using the form on the next page or visit [psotago.org.nz/donate](https://psotago.org.nz/donate) to make your donation online.

We appreciate your support and thank you for joining us in making a real difference to the community we live in!

Blessings, **Jude (Supporter Engagement Manager)**

*PS: I am always happy to chat with you if you would like to discuss other ways you can support our work. Please call me on 03 470 0834.*

## What are some other ways to donate?

-  **Phone banking** via your bank’s services
-  **Call us on 03 477 7115** and we can process your credit or debit card donation over the phone
-  **Donate with your EFTPOS card.** Pop into our Dunedin Support Centre at 407 Moray Place

If you would like more information about how you can help support Presbyterian Support Otago’s services please contact Jude McCracken, Supporter Engagement Manager on phone 03 470 0834 or visit our website [psotago.org.nz/get-involved](https://psotago.org.nz/get-involved)

## Donating to us or leaving a gift in your will?

If you have any questions at all about donating to PSO or leaving a gift in your will, please feel free to phone Jude McCracken, our Supporter Engagement Manager, who is based in Dunedin, on 03 470 0834.

Please contact me to discuss donations

Please contact me to discuss leaving a gift in my will to Presbyterian Support Otago.

Name

Phone

### How to return this form:

#### POST

Fundraising Team,  
Presbyterian Support Otago,  
FREEPOST 845, PO Box 374,  
Dunedin 9054

#### EMAIL

[fundraising@psotago.org.nz](mailto:fundraising@psotago.org.nz)

#### PHONE

Contact us on 03 477 7115

**All donations are receipted.**  
**Gifts over \$5.00 are tax deductible.**

## Yes, I would like to help!

I would like to donate \$

- To support
- Greatest Need     Buddy Programme
- Foodbank     Child and Family Services
- Social Work     Outreach for Older People

### Your Details

Name

Address

Phone

Email

### Donation options - it's easy to donate!

#### Donate via Credit / Debit Card

Card number

Name on card

Expiry date

CVC

Three digit code on back of card

Signature

One-off donation

Monthly donation

#### Donate Online via [psotago.org.nz/donate](https://psotago.org.nz/donate)

Use your credit or debit card to donate via our website.



#### Donate via Internet Banking

Account Name PSSO    Account Number 06 0901 0005597 00

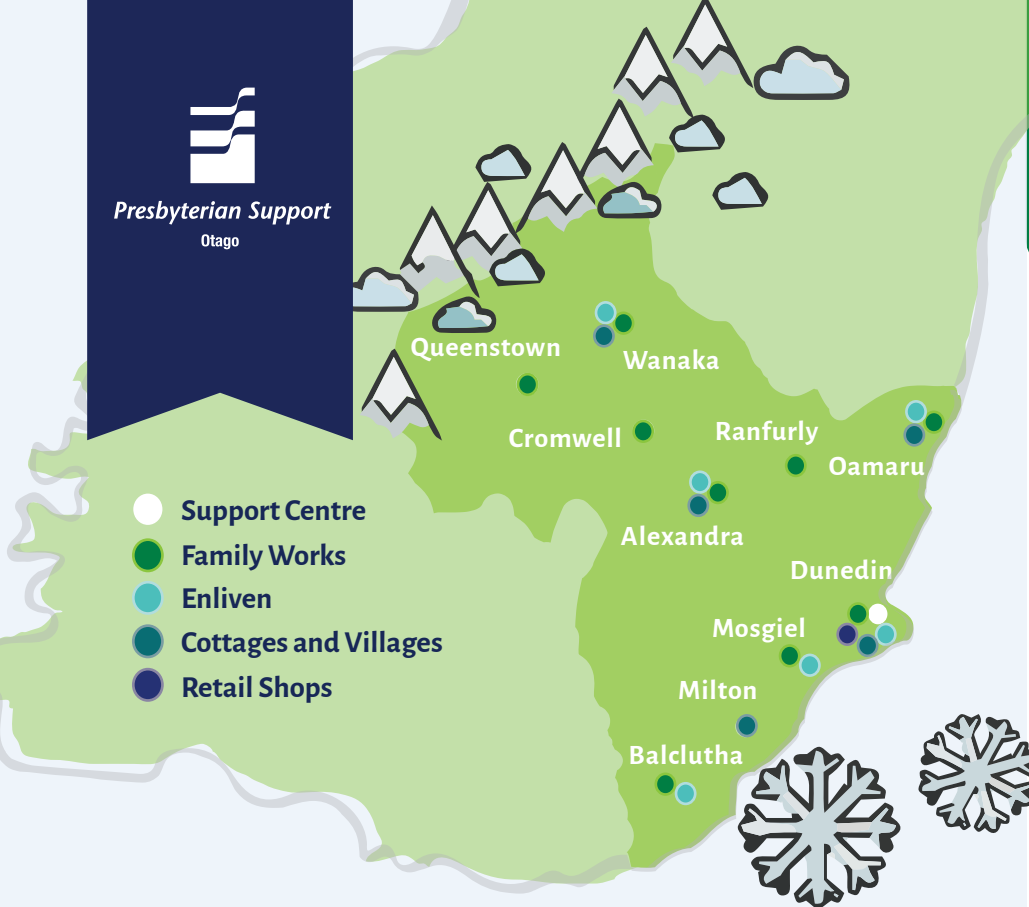
Ref: Your phone number    Code: **DONATION**

Particulars: Enter a donation option from the 'to support' list above

For a receipt, please email us at [fundraising@psotago.org.nz](mailto:fundraising@psotago.org.nz)



Presbyterian Support  
Otago



## What's in our SKILLSBANK

**Our Family Works Skillsbank is a group of programmes and supports where we work alongside people from all walks of life to help them build a safer, stronger, more connected life.**

**Social work.** Empowering people to make change and build their sense of belonging, including advocacy.

**Parenting, support and children's programmes.** Strategies to promote positive family relationships.

**Financial mentoring.** Clients learn how to take control of their finances.

**Good Loans.** Our loan advisors help people access no interest loans for an essential item or service.

**The Buddy Programme** is a friendship mentoring programme for children aged from 5 to 12.

**Stepping Stones** is a day programme where we work alongside clients who are facing mental wellbeing challenges, connecting them with their wider community.

**YouthGrow** is a youth development programme delivering NCEA Level Unit Standards.

We invite you to consider supporting our Skillsbank so we can continue this important work with local people and children to build their resilience, financial capabilities and strengthen their relationships.

## Presbyterian Support Otago Services

### Enliven

#### Residential aged care homes

Ross Home, Dunedin  
St Andrews, Dunedin  
Taieri Court, Mosgiel  
Iona, Oamaru  
Holmdene, Balclutha  
Ranui, Alexandra  
Castlewood, Alexandra  
Elmslie House, Wanaka  
Aspiring Enliven, Wanaka

#### Retirement Villages

Columba Court, Oamaru  
Wanaka Retirement Village  
Ranui Court, Alexandra

### Family Works

**Foodbank** (Dunedin) & **Skillsbank** (offered throughout Otago)

**Freephone 0508 396 678**

### Retail Shops

**Shop on Carroll** - 10 Carroll St, Dunedin

**Shop on Carroll's online store** - [shoponcarroll.org.nz](http://shoponcarroll.org.nz)

**Op Shop on St Andrew** - 59 St Andrew St, Dunedin

#### Rental Cottages

Ross Home Cottages, Dunedin  
Iona Cottages, Oamaru

#### Community based services for older people

Individualised Funding  
Visiting Volunteers, Dunedin  
Club Enliven, Dunedin/Taieri/Alexandra  
HomeShare, Alexandra

**794** STAFF

**500** VOLUNTEERS

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## Family Works

Freephone 0508 396 678

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